

**I. Amendments to the Specification**

Please replace paragraph [0003] with the following amended paragraph:

**[0003]** It has been proposed to provide safety-belts and also air-bags for use in motor vehicles to restrain seat occupants during an accident situation. It is ~~[[know]]~~ known that if the seat-belt and/or air-bag can prevent a seat occupant from reaching the dashboard or steering wheel in front of the seat during an accident, then the risk of injury to the seat occupant may be minimised.